

Have you been impacted by Covid-19 and never needed to access resources before?

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This guide will help you navigate these uncertain times.



## Step-by-Step Guide

**By accessing available resource, you can ensure your limited financial resources will last longer. Consider accessing local resources for:**

1. **Food**— by accessing free food, you reduce the grocery costs to your household
2. **Utilities**— by accessing free/reduced utilities, your household costs will be reduced
3. **Rent Assistance**—local agencies can help you catch up and maintain your home

Link to Food/Utilities/Rental Assistance Agencies: <https://www.livgov.com/hscb>

**Identify household costs which can be eliminated or reduced during this time. Expensive household items to consider are:**

- ◆ Gas—by limiting your driving, you will reduce the expense of gasoline
- ◆ Multiple cars—if you have multiple vehicles can you put one in storage to reduce insurance costs?
- ◆ Food costs—reduce expenses by cutting down or eliminating carry out
- ◆ Memberships or apps—are there apps or memberships you are paying which could be eliminated? Like gym memberships?
- ◆ Phone or cable bills—can you change to a cheaper plan to reduce expenses?
- ◆ Car or clothing expenses—can you purchase used items instead?

### Research Other Local Resources

For the most up-to-date information:

Call or text 211 or online: <https://www.livgov.com/hscb>—Agency Updates in Response to the COVID-19 Crisis Document

*Ensuring a system of support for members of our community.*  
[livgov.com/hscb](https://www.livgov.com/hscb)



Human Services  
Collaborative Body  
Livingston County, Michigan

1st

2nd

3rd